

## STRONG TOWER RADIO



Where God's Character is Proclaimed

88.7 Owosso	90.9 Escanaba	97.9 Newberry
88.7 Port Sanilac	91.3 Decatur, IL	102.7 Alpena
88.9 Houghton	91.3 Ironwood	104.7 Lansing
89.1 Bridgman	91.7 South Haven	
89.1 Iron Mountain	91.9 Battle Creek	1110 Petoskey
89.3 Tower Hill, IL	91.9 Cadillac	1540 Okemos
89.7 Grand Rapids	92.3 Charlotte	
89.9 Greenville	93.1 Grand Haven	TV 23 Cadillac
90.3 Manistique	93.9 Mio	
90.7 Harrison	97.3 Kalamazoo	

## Luck of the Irish



Great Grandma Fox (nee McGee) emigrated from Ireland. She was a force to be reckoned with, as her 7 children (who surpassed her 4'10" frame) learned during their upbringing. She passed away at the age of 92, just 3 days before my fourth birthday. Of the four great-grandmothers, three lived into their 90s; two to nearly 100. My maternal grandmother was 92 when she passed. My mother, 84 this spring, still drives to Texas every winter. I sure am lucky to have such good female genes, right?



Amy Fox  
Office Manager

A professor described luck this way: Laboring Under Correct Knowledge. Sometime before my 40th birthday, I observed my father and sisters (I'm the youngest of four girls) comparing their diabetic supplies and thought, "I don't want to be there when I'm their ages." Overweight, I prayed to God for guidance and fortitude. As Seventh-day Adventists, we have a health message. It was time for me to study it and put it into action. An active person anyway, my first goal was to walk a 12-minute mile by my 40th birthday, 2 ½ months away. That's right: **walk**. No jogging, no trotting, just walking. The day before I turned 40, by God's grace, I walked the first 12-minute mile I had walked since my twenties.

Simultaneously, as I studied and saw how God had directed the human race from the beginning, old habits began to melt away as a plethora of options opened before me. Giving up unclean meats was easy, and I never missed them. God said not to eat them, and that was good enough for me. However, from an early age, I was the biggest meat-eater in the family! God was gracious towards me. My meat portions decreased, and I ate it less often, replacing it with leafy greens, natural herbs, and more fruit, grains, and legumes. Weight continued to disappear, then stabilized; muscle mass and endurance increased as He



directed lifestyle changes. Friday night fish fries are a social event where I come from, and my husband loves them. When COVID hit, I had to stay as healthy as I could for him because he has respiratory issues, so out went the fish and dairy (goodbye Shamrock Shake®). By God's grace, I was whole food, plant-based by March 17, 2020.





**David Bolduc,**  
**President**

## President's Perspective

The Lord continues to bless your support and use Strong Tower Radio in many powerful ways! We recently aired some testimonies of individuals who have given their lives to Christ after listening to their local STR station. We have also been told of people walking into a Seventh-day Adventist church after listening to STR for 3 or more years. All of these stories warm our hearts, especially in light of the prayer my wife Bethany prayed almost 20 years ago that there would be people in God's Kingdom because of hearing our testimony stemming from the family health crisis we were then dealing with.

It is personally encouraging to me to hear the stories of how God uses STR to touch people's hearts from every walk of life. Testimonies are like the harvest from a garden. We put a lot of work into our gardens, and then at harvest time, we get to see the fruits of our labor. We also air programs based on issues in our Michigan and Illinois communities. For years, my wife and I were storm spotters in Illinois. We saw more than one tornado and sat in our vehicle as lightning struck all around us and hail pounded down. We did that to help alert law enforcement and the community of imminent danger. STR is doing something similar by letting people know about things they should be concerned with near their homes.

From time to time, we air programs about Christ-honoring ministries that are helping their local communities. A few of them include Tom Mejeur's Adventist Community Services tours, interviews with the Salvation Army, and Ms. Munn from New Hope homeless shelter.

And then there is Evangelism: three times each day, we air a Bible study program that often focuses on the books of Daniel and Revelation. I enjoy both books because they show how God will provide for His people. I recently read the last chapter of the book Christ's Object Lessons. The last message to go out to the world is about God's character, which is the heart of our programming! Thank you for praying for and supporting Strong Tower Radio.

## Praise God for Station # 2!

After Strong Tower Radio (STR) began broadcasting in December 2009 from a 2kW station in Cadillac, God directed the ministry to purchase a 50 kW station in the Upper Peninsula, licensed to Newberry, Michigan, 97.9 FM, WIHC (We're In His Care). This signal also reaches many listeners in the greater Sault Ste. Marie, Ontario, Canada region.



**Kam Ferguson,**  
**Development**  
**Director**

We've shared in previous articles how listeners such as Miles Trowbridge, through a friend riding in his truck, was connected with STR and began a transformative listening experience. Joanne Dubreil, from northeast of Wawa, would pick up the signal while driving into and back from Sault Ste. Marie, and attended consecutive evangelistic series announced on STR, and was baptized thereafter.

When my wife Jodi and I visited Canada two years ago to speak at several churches in the STR coverage area, we stopped at a Walmart to pick up a few items. As we walked up to our truck, adorned with bright yellow and black STR door magnets, a young couple parked near us saw the signs and ran up to us. *"Are you with this radio program?"* they asked. When they found out that we were, they thanked us for the wonderful programs they listened to regularly and expressed being very blessed.

On the Michigan side of coverage, we shared the testimony of Stacy Hoig-Kimble, who began listening to STR after her usual station went off the air for a couple of days. She soon began listening on her commute, too, and after 3 years, walked into the McMillan church and found a new family. She is now an active member at McMillan Northwoods church and praises God for *"finding her a truth-filled church that feels like home, even though we're not in heaven yet."*

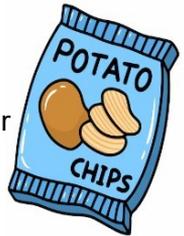
Several dedicated truck route drivers, including Dennis Smith and John Tompkins, listened to the Newberry station for years while driving in the eastern UP from downstate, and the Holy Spirit prompted them to get out of their driver's seat and become part of their local Seventh-day Adventist Church. Faith isn't to be kept to yourself, it's to be lived out, shared!

Continued on page 5

My overall health has been tested from time to time since I began. Two cold knife cone biopsies, a partial hysterectomy, falling off the roof...twice, and a bicycle accident that landed me in the ER, each took time to physically heal from before I could resume exercise, and then, only slowly. Beginning again and again can be frustrating, but it wasn't. My goal was not to go a physical distance or lift so many pounds (ME-focused), but to have a quiet testimony to share: Jesus is my strength.



**1 Cor 6:19-20** tells us that our bodies are the temple of the Holy Ghost. Our initial diet in this world before sin is described in **Gen 1:29**. Not only was my body healthier, but my mind was clearer, as in the story of Daniel, Hananiah, Mishael, and Azariah in **Dan 1:8-21**. Imagine this: getting older and your mind getting clearer! **Lev 3:17** and chapter 11 provide knowledge of what to avoid. Dr. Hans Diehl, founder of the Lifestyle Medicine Institute, has also added this for our day: avoid crinkly bags (i.e., potato chips and the like).



**Prov 23:20-21** warns against excessive eating and promotes self-control.

Pray for wisdom and discernment. **James 1:5** tells us, "If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him." (NKJV) Start now. When you begin doing this sort of thing, you will get lots of advice and clichés. (Heredity loads the gun; Lifestyle pulls the trigger.) Advice: Start now. Heal properly and fully from any injury, and begin again. Practice down here what we will live in Heaven. **Rev 21:4** tells us there will be no more death. The animals will have no reason to fear humans or each other. We will eat of the tree of life in Heaven (**Rev 2:7 and 22:2**), and the lion will eat straw like the ox (**Isa 65:25**; also see **Isa 11:6-9**)

Unless Jesus comes first, with a good diet and exercise program, good advice (wisdom), and good genes, I'll live to be 117. Someone once asked how I figured I'd live that long. My response was, "So far, so good!" Besides, I figure I'm lucky: Living Under the Creator's Knowledge and Yoke.

May the road rise to meet you and the wind be always at your back. And until we meet again, may God hold you in the palm of His hand. ~An Irish blessing~

**Praise God for Station # 2!** (Continued from page 3)

A pastor of another Protestant church has been listening to 97.9 FM for more than 7 years, and states that he *“is convicted that God wants him to become a Seventh-day Adventist.”* When he said this, he added that he planned to do that when he retired in 2 years. That time is this May, so a follow-up opportunity awaits.

Strong Tower Radio listener Tim Maples, of Brimley, MI, states, *“I know STR greatly helped me in my journey towards finally making the decision to follow Jesus, my Savior!”* Tim wants other people to discover the everlasting gospel and the beauty of God’s character through STR as he did.

He pondered ways to share the 97.9 FM, STR Newberry station and realized *“I have a large barn with a long side facing M-28 between I-75 and Newberry. Paint a sign on that barn inviting people to listen to Strong Tower Radio!”* So he hired a painting team, and last Fall they painted the side of his barn white, then painted the banner in the accompanying photo, inviting people to listen to STR 97.9 FM.

Praise the Lord and thank you, Tim, for sharing the blessing of STR! May all who drive by **READ THE SIGN AND TUNE IN!**

Recently, a listener added the following note with a donation: *“Thank you so much for playing pastor Joe Crews and Doug Batchelor. Your radio station helped open my eyes and see that the Catholic Church was so wrong in so many things and I left it. My baptism and conversion to Seventh-day Adventism is a direct result of your radio station broadcasted from Newberry, Michigan. Thank God for your Adventist message or I would surely still be lost! I pray for your continued strength and faith in all you do because it is working – amen!”*

These are just some of the harvest from this very fruitful station planted in the eastern U.P. Praise God for the many souls that He continues to bless and transform through this powerful signal! Thank you for supporting this potent evangelism tool with your prayers and financial support. I’ll have more to share about 97.9 FM, WIHC, in a future article!

## **Spring forward, with a donation!**

Please make donations by using  
StrongTowerRadio.org,  
calling 231-468-2087,  
or by check or money order  
**mailed to:**

**Strong Tower Radio,  
PO Box 567, Cadillac, MI 49601**





**STRONG  
TOWER  
RADIO**  
Where God's Character Is Proclaimed

**CURRENT EVENTS**

Tom Mejeur



**Production  
Director**

Here is a preview of  
Strong Tower Radio-produced programs.

The third week of March, the Strong Tower Radio Today program subject is McGuffey Eclectic Readers, developed by Dr. William Holmes McGuffey. His reading/literature textbooks have had a significant impact on education and society. This reading series eventually standardized grammar and spelling in the United States. They were called eclectic because they drew on a wide range of literature, including the Bible, Shakespeare, and many other literary sources. The first series was published in 1836 and was used in many public schools into the early 1900s. Various versions of the McGuffey Readers, including exact reprints of the original revisions, are still available online and even in large bookstores and Walmart.

The fourth week's Strong Tower Radio Today (STRT) program features a Michigan Technical University researcher who uses technology to evaluate structurally unsound highway bridges, river bridge pilings that have been undercut, and railroad crossings with dangerous sightlines for vehicles.

The last STRT program of the month introduces us to a Christian musician and producer, Kendra Manier, who has worked in both secular and sacred media.

The month's Strong Tower Radio Feature includes The National Fire Prevention Association's mascot, Sparky the Fire Dog, who was created to deliver important fire safety information to children. Sparky reaches the ripe old age of 75 this month. Join us as we celebrate this milestone.

We always enjoy our periodic updates with Joy Kauffman, Farm Stew's founder. She shares an update on the amazing work of this non-governmental Christian relief and training organization during the second week in March.

For the remainder of the month, we resume the Child Impact Human Trafficking interviews with Dr. Tom Evans. Pastor Jay Gallimore's fourteen-episode Galatians Bible commentary series airs Fridays at 1 p.m. and again on Saturdays at 5 p.m.

## Attention Always “Gets Paid.”

I recently went with several friends to the eastern Upper Peninsula to enjoy the beauty and recreational value of winter. Snowshoe hiking was our chosen activity, and one of our day trips took us to



Fiborn Quarry, a few miles west of Trout Lake, MI. We hiked the 1.5-mile trail to the quarry site, a 40-foot-deep crater about ¼ mile across, with 15-foot-tall trees sprinkled

around its floor and 3 feet of snow. Add periods of 30 mph winds and blowing snow, and you get the picture – it was great!

We hiked around the rim, then found a slope to slide down to view the quarry ruins. Limestone used in smelting iron ore into steel was once mined here, loaded into railcars, and shipped to Sault Ste. Marie, Ontario, Canada. The business was profitable for over 30 years, then carbide slag, a new industrial waste product, replaced much of the limestone used for smelting, and the mine closed along with the small adjacent town.

You’ve heard the statement “pay attention” a few times in life, perhaps even directed toward you. Mr. Attention always gets paid, the question is by whom. Fiborn Quarry owners weren’t attentive to technological advances or to developing alternative uses for the material they mined, such as limestone for architectural purposes. They paid Mr. Attention, and the price was Fiborn Quarry.

Such is the risk that we each confront in daily life, though unnoticed at times. If our minds are not set toward God’s will for our lives in prayer, if His written Word isn’t our active, daily guide, we will be surprised by Jesus’ return! *Our life will be the price that we pay for not being attentive to God’s many calls for us to follow Him into life everlasting.* We’ll call for the rocks to cover us and hide us from Jesus’ face. While Jesus takes His faithful children home to heaven, those who were inattentive to His frequent pleadings will be left on a desolate Earth, a larger version of those Fiborn Quarry ruins.

Day by day, the Holy Spirit pleads with humanity. One vital way is through the Strong Tower Radio broadcast! We just heard from a Canadian listener who stated, “I’m a Seventh-day Adventist today because of your broadcast.” Praise God, another life being transformed by the Holy Spirit through the tool of Strong Tower Radio! **As your prayers ascend to heaven on behalf of STR listeners, and your regular financial gifts keep this ministry operating and growing, I thank you for being so attentive to proclaiming the everlasting gospel as Jesus has instructed.** Our attentiveness now will help us avoid “paying attention” too late at the very end. Maranatha!



**Kam Ferguson,**  
**Development**  
**Director**

**March 2026**

Strong Tower Radio  
Ministry News  
P.O. Box 567  
Cadillac, MI 49601  
StrongTowerRadio.org  
231-468-2087



*Where God's Character is Proclaimed*

**STR Engagements:**

- 3/07 9:30 a.m. Kam Ferguson** Wright Seventh-day Adventist Church
- 3/14 11:00 a.m. David Bolduc** Marion Seventh-day Adventist Church
- 3/14 11:00 a.m. Kam Ferguson** Grand Haven Seventh-day Adventist Church

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231-468-2087 The post office WILL CHARGE  
us for each returned/forwarded newsletter.**

*Spring  
is coming.*



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